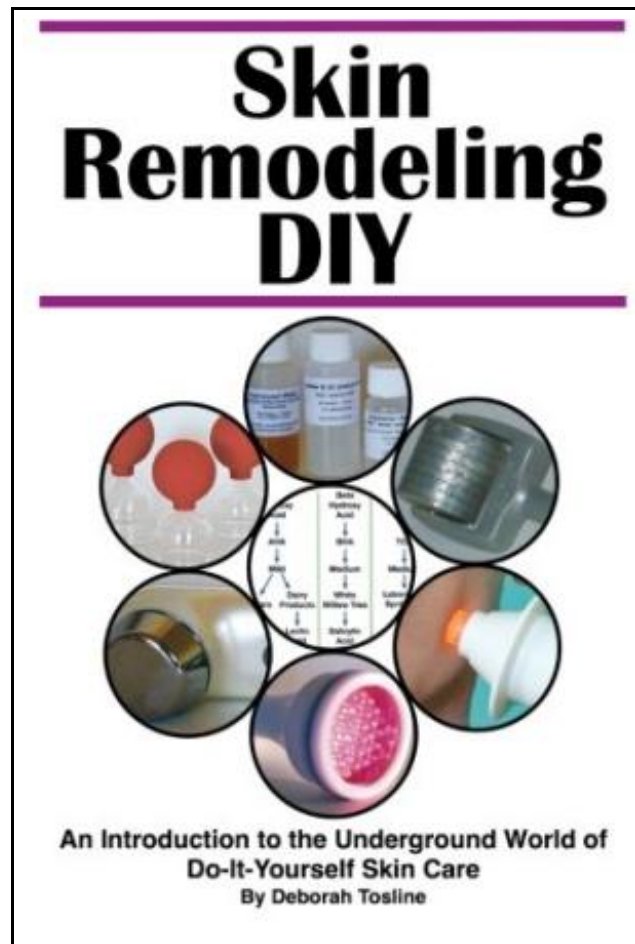


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(Dr. Lily Wunsch II)

SKIN REMODELING DIY: AN INTRODUCTION TO THE UNDERGROUND WORLD OF DO-IT-YOURSELF SKIN CARE



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Catalyst Enterprises, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Skin Remodeling DIY provides an introduction to basic skin structure, product penetration, facial exercise and massage, and home use of cosmetic dermatology tools and cosmeceuticals. Skin care forum topics including active ingredients and DIY tools are summarized and results of scientific investigations supporting these practices are provided. A list of Internet website addresses makes it easy to access sources for a new skin care routine. Our lives, interests, funds, and available time are infinitely variable. With that in mind, Skin Remodeling DIY summarizes a variety of skin care methods, allowing the reader to select the practices, tools, and sequences that best fit their lifestyle and preferences. A new 5-minute skin care routine will, over time, make positive changes. Committing to using additional skin care treatments will result in even more noticeable results. Its one thing to apply an expensive serum or cream and wait to see results; its another thing to prepare the skin to accept high quality nutritive ingredients and stimulate collagen and elastin production using premium products and effective tools on a household budget. Women, men, any age. if you do not have a special way to care for your skin or if your current special way is not giving results, it may be time to try the methods described in Skin Remodeling DIY to effectively improve skin quality.

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