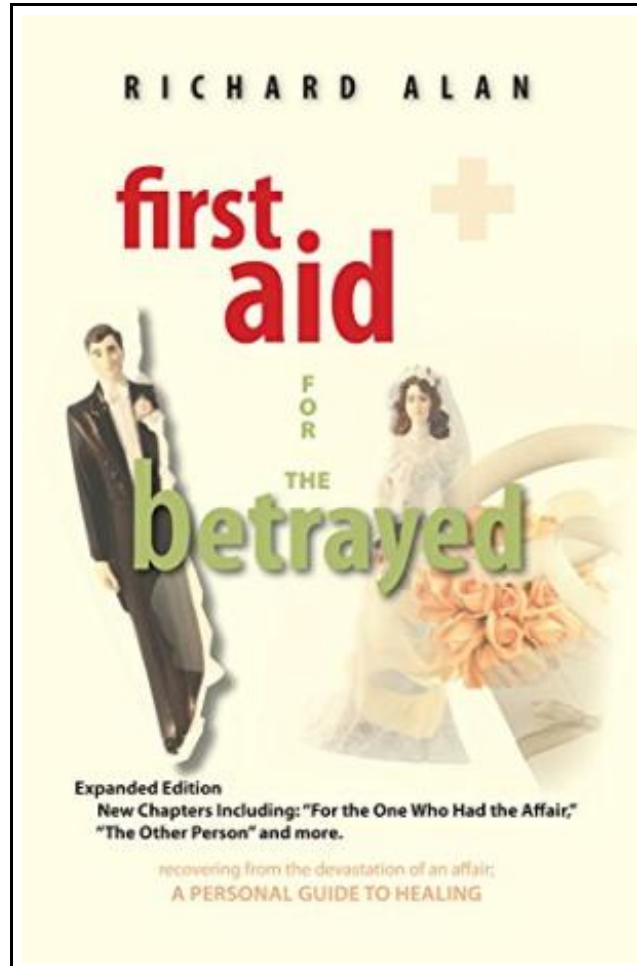


First Aid for the Betrayed



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Reviews

*Complete guide for ebook fans. Better then never, though i am quite late in start reading this one. Your life span will likely be convert when you full reading this ebook.
(Dr. Teagan Beahan Sr.)*

FIRST AID FOR THE BETRAYED



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Trafford Publishing, Canada, 2006. Paperback. Book Condition: New. 213 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****. This writing is extraordinary and unique. First, because it was written by a man whose wife had an affair. Most first-person writing about affairs has been from women. It contains some of the rawest honesty about the pain of an affair that I have ever read. It provides a great deal of hard-earned wisdom about the whole issue of affairs, particularly in healing from the devastation. I highly recommend this book to anyone who truly wants to know what it s like to deal with a spouse s affair - and to learn practical ways to recover and heal. Peggy Vaughan, author of *The Monogamy Myth* Written over a period of two years and based on his personal experience and those of over 100 others who have suffered the betrayal of a partner s adultery, the author has captured the essence of the pain, anguish and inestimable psychological effects of a partner s affair. From his own struggle to survive and recover, the author shares with those who are trying to recover, suggestions for survival, recovery and ways to deal with the many adverse personal effects of betrayal. Self esteem, trust, anger, depression, obsessing and more are all looked at and the reader is provided with practical suggestions for overcoming these issues. Readers and other authors have praised the work for its straightforward and simple approach. The author has taken the subject out of the theoretical and gets down to earth with reality, personal understanding and insights gained through experience that only those who have been there could ever know. I have just finished reading your book. I m really impressed and emotionally stirred. It is a...



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